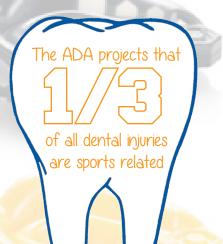
## THE IMPORTANCE OF WEARING A MOUTH GUARD

A mouth guard is a soft plastic or laminate device used in sports to prevent oral injuries to the teeth, mouth, cheeks, tongue and jaw.





Percent of high school athletes injuries that occurred when a mouth guard was not worn

Percent of high school athletes injuries that occurred when playing baseball or basketball

The use of a mouth guard can prevent more than 200,000 oral injuries to the mouth each year.